

Awakn
Clinics



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Contents

1. Initial medical assessment (IMA)	3
2. Ketamine-Assisted Psychotherapy (KAP)	4
3. Ketamine-Assisted Psychotherapy for Alcohol Use Disorder (KARE)	5
4. Additional treatment options after the initial treatment	6
Booster sessions	6
Non-medicinal therapy	6
Group integration	6
Initial medical assessment (repeat)	6
5. Cancellation	7

1. Initial medical assessment (IMA)

The IMA is a 90-minute session with a Consultant Psychiatrist in the Awakn Clinic to determine if Ketamine Assisted Psychotherapy (KAP) is safe and suitable for you.

This service is a full assessment of mental and physical health, including risks, based on discussion with the doctor and completion of questionnaires.

You will also be seen by the clinic nurse for basic checks, and you may meet a member of the therapy team.

Where clinically indicated, you may be required to undergo a pregnancy urine dipstick test, recreational drugs urine dipstick test, or alcohol breathalyser.

Some information about ketamine, including its history, how it works and how it can be used to assist psychotherapy will also be provided during the IMA and you will be asked to read and sign several consent forms.

You are required to pay **£280** for an IMA at least 72 hours in advance of the appointment. Once booked this is non-refundable.

Following the medical assessment, a letter will be written to your GP, and if suitable, a therapist will be allocated to contact you to schedule your course of therapy.

This does not affect your statutory right to cancel a service during the cancellation period. This is explained in our terms of service linked [here](#).



2. Ketamine-Assisted Psychotherapy (KAP)

For the primary KAP course, you will typically be offered 11 sessions of psychotherapy.

This is spread over 8-9 weeks, which will include 2 preparation sessions, 4 ketamine administrations (given intramuscularly), 4 integration psychotherapy sessions, and a final post-treatment evaluation session.

The ketamine dose will be adjusted in consultation with you, according to your individual response.



There is some flexibility in what we can offer as part of the primary KAP intervention, as deemed appropriate in consultation with each individual.

For example, we may recommend extra preparation sessions and we will consider the option of additional dosing and integration sessions.

Some clients also wish to schedule time-limited non-drug therapy sessions with their Awakn therapist. These options and their associated costs can be discussed with a member of the clinical team.

All appointments will typically take place in person at the Awakn Clinic. Preparation sessions are usually scheduled either weekly or twice weekly. Occasionally it may be possible to have dosing and integration appointments on the same day although it is usually preferable to schedule integration on the following day. We are occasionally able to offer integration sessions remotely if that is preferred.

The primary course of ketamine assisted psychotherapy (KAP) costs **£5,050** (including cost of initial medical assessment).

Payment ID is required for the IMA then one whole payment for a course of treatment. In certain circumstances, and with prior discussion, we may be able to split it into 2 payments.

3. Ketamine-Assisted Psychotherapy for Alcohol Use Disorder (KARE)

For the KARE course, you will receive 2 hours of telephone support calls and 10 sessions of psychotherapy.

Following the support calls, the KARE treatment phase will include 3 preparation sessions prior to each ketamine session, 3 ketamine administrations (given intramuscularly, IM), 3 integration psychotherapy sessions and a final post-course evaluation session spread over 4 weeks.

The ketamine dose will be adjusted in consultation with you, according to your individual response.



All appointments will take place in person at the Awakn Clinic. Preparation sessions are scheduled on the same day as dosing, with integration scheduled the following day, for three consecutive weeks. We are occasionally able to offer integration sessions remotely if that is preferred.

The primary course of ketamine assisted psychotherapy for alcohol use disorder (KARE) costs **£5,050** (including cost of initial medical assessment).

Payment ID is required for the IMA then one whole payment for a course of treatment. In certain circumstances, and with prior discussion, we may be able to split it into 2 payments.

4. Additional treatment options after the initial treatment

Booster sessions

If you have completed a primary or extended course of KAP and allowed some time for ongoing integration of your sessions, you may wish to attend for a booster of ketamine assisted therapy.

Each booster consists of one preparation, one dosing, one integration session and one evaluation session at a cost of **£1,080**.

Non-medicinal therapy

We are occasionally able to offer non-medicinal 1-2-1 therapy in blocks of 6-weekly sessions to support a course of ketamine assisted therapy at a cost of **£110** per session.

Group integration

We occasionally offer group sessions to support continuing integration at a cost of **£27.50** per person per session.

Initial medical assessment (repeat)

For anyone who has a repeat initial medical assessment, there's a cost of **£165**.

5. Cancellation

If you cancel your KAP treatment during the course, you forfeit the rest of the payment you have already made.

If you cancel within 48 hours of a booked session or sessions and want to continue with the overall course and reschedule the cancelled sessions, you may be liable to pay for the rescheduled sessions again in full.

If you cancel and reschedule a session, your later sessions may also need to be reorganised. The cost for rescheduling will be based on the price of the sessions cancelled and rescheduled.

- For example, if you cancel within 48 hours of Session 5 of KAP and want to reschedule those sessions, you will need to pay for both rescheduled KAP sessions 5 and 6.

This does not affect your statutory right to cancel the Awakn KAP Course during the cancellation period. This is explained in our terms of service.

When you agree to take treatment, you are agreeing to pay for all 11 sessions. If you ask us to book your first session before your cancellation period has ended, you will lose the right to cancel.



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